



Orchard View Winery Alma, IL

Blues BBQ 5K RUN / WALK Saturday, August 7, 2010



- ◆ **EVENTS:** 5K RUN 5K WALK
- ◆ **TIMES:** 8:00 A.M. SHARP
- ◆ **LOCATION:** Orchard View Winery, 307 2nd St. Alma, IL 62807
- ◆ **FEES:** 5K pre registration \$15.00 (Postmarked by July 29th)
July 30 - Race Day \$20.00 . No Refunds

(\$1.00 discount for members of RRR, St. Louis Track club, Cape Road Runners club) pre-registered

- ◆ **T-SHIRTS:** T-shirts for all pre-registered entries.
- ◆ **COURSE:** Mostly flat out and back roads through the orchards & fields near Alma IL
- ◆ **AWARDS:** Awards to top 3 male and female walkers.
Awards to top male & female runners.
Awards to top 3 in each age division of 5-K Run only.

There will be a BBQ competition & concession & blues bands playing all day.

Information Phone Numbers 1-618-548-6471 1-618-292-3975

5K RUN AGE GROUPS:					
9 yr. & under	10-14	15-20	21-24	25-29	
30-34	35-39	40-44	45-49	50-54	55+Over

Make checks payable and mail to: Orchard View Winery 5K, #12 Salem Business Center South, Salem, Illinois 62881

NAME: _____ PHONE: _____

ADDRESS: _____ AGE: _____ SHIRT SIZE: _____

CITY, STATE, ZIP: _____

RUNNER/WALKER: _____ MALE/FEMALE: _____

***WAIVER:** I, the undersigned, agree to abide by any decision of the race officials. I assume all risks associated with participating in this event. I, for myself, my heirs, executors and administrators, waive and release Orchard View Winery LLC, Shetley Investments, Inc., organizers, sponsors, volunteers, and all other affiliates from all claims or liabilities resulting from this event. I do also attest that I have sufficiently trained for the competition of this event. I further grant full permission for the free use of my name, photograph or video of this event.

Signature: _____

Signature of parent or guardian if under 18 yrs. old: _____